




January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>January Birthdays:</i> <i>Helen F 01/02</i></p> 						
<p>9:30 Morning Movement 6 10:00 Rise and Shine Review 10:20 Dance Fitness 10:30 Music with Nicole 1:00 Gratitude Sunday 2:30 Lucky Strike 3:15 Karaoke Kings and Queens 4:00 Happy Hour with Ellen</p>	<p>9:30 Spa Sensations 7 10:15 Morning Meeting 10:45 Singing with Sharyn 11:00 Comfort Yoga 1:00 Garden Club 1:45 Animal Therapy with Benji and Jennifer 2:30 Bake with Me 4:00 Happy Hour with Elaine</p>	<p>9:30 Tuesday News Day 8 10:00 Music Therapy 11:00 Yoga 1:00 Community Creations 2:30 Scenic Drive 3:00 Bowl-a-thon 4:00 Happy Hour with Ellen New Years Day</p>	<p>9:30 World News Wednesday 9 10:00 Sit and Stretch 10:30 Songs with Sadie 11:00 Brain Games 1:00 Winter Wonder Works 2:30 Wednesday Wordplay 3:00 Badminton 4:00 Happy Hour with Jim</p>	<p>9:30 Organized Thoughts 10 10:00 Jam Band 10:30 Salsa in Your Seat 10:45 Scenic Drive 1:00 Poetry on Paper 2:15 Creating for the Community 4:00 Happy Hour with Dave Peculiar People Day</p>	<p>9:30 Daily Chronicle 11 10:00 Morning Tunes 10:30 Angel the Harpist 11:15 Outing 1:00 Blessings Boards 2:30 Pling-Pong 4:00 Happy Hour with Jim Outing: Dinah's Poolside</p>	<p>9:30 Weekend Plans 12 10:00 Feel Good Stretch 10:30 Scenic Drive 1:00 Still Significant 2:30 Music Makers 3:15 Sculpture Saturday 4:00 Happy Hour with John</p>
<p>9:30 Morning Movement 13 10:00 Rise and Shine Review 10:20 Dance Fitness 10:30 Music with Nicole 1:00 Gratitude Sunday 2:30 Lucky Strike 3:15 Karaoke Kings and Queens 4:00 Happy Hour with Ellen</p>	<p>9:30 Spa Sensations 14 10:15 Morning Meeting 10:45 Singing with Sharyn 11:00 Comfort Yoga 1:00 Horticulture Therapy with John 1:45 Animal Therapy with Benji and Jennifer 2:30 Bake with Me 4:00 Happy Hour with Elaine</p>	<p>9:30 Tuesday News Day 15 10:00 Music Therapy 11:00 Yoga 1:00 Community Creations 2:30 Hats and Haberdashery 3:00 Bowl-a-thon 4:00 Happy Hour with Precious National Hat Day</p>	<p>9:30 World News Wednesday 16 10:00 Sit and Stretch 10:30 Songs with Sadie 11:00 Brain Games 1:00 Winter Wonder Works 2:30 Wednesday Wordplay 3:00 Badminton 4:00 Happy Hour with Jim</p>	<p>9:30 Organized Thoughts 17 10:00 Jam Band 10:30 Salsa in Your Seat 10:45 Scenic Drive 1:00 Poetry on Paper 2:15 Creating for the Community 4:00 Happy Hour with Dave</p>	<p>9:30 Daily Chronicle 18 10:00 Morning Tunes 10:30 Fitness Fanatic Friday 11:15 Outing 1:00 Blessings Boards 2:30 Pling-Pong 4:00 Happy Hour with Jim Outing: BJ's Restaurant and Brewhouse</p>	<p>9:30 Weekend Plans 19 10:00 Feel Good Stretch 10:30 Scenic Drive 1:00 Still Significant 2:30 Music Makers 3:15 Sculpture Saturday 4:00 Happy Hour with John</p>
<p>9:30 Morning Movement 20 10:00 Rise and Shine Review 10:20 Dance Fitness 10:30 Music with Nicole 1:00 Gratitude Sunday 2:30 Penguin Parade 3:15 Karaoke Kings and Queens 4:00 Happy Hour with Ellen Penguin Awareness Day</p>	<p>9:30 Spa Sensations 21 10:15 Morning Meeting 10:45 Singing with Sharyn 11:00 Comfort Yoga 1:00 Garden Club 1:45 Animal Therapy with Benji and Jennifer 2:30 Bake with Me 4:00 Happy Hour with Elaine</p>	<p>9:30 Tuesday News Day 22 10:00 Music Therapy 11:00 Yoga 1:00 Community Creations 2:30 Scenic Drive 3:00 Bowl-a-thon 4:00 Happy Hour with Precious</p>	<p>9:30 World News Wednesday 23 10:00 Sit and Stretch 10:30 Songs with Sadie 11:00 Brain Games 1:00 Winter Wonder Works 2:30 Wednesday Wordplay 3:00 Badminton 4:00 Happy Hour with Jim</p>	<p>9:30 Organized Thoughts 24 10:00 Jam Band 10:30 Salsa in Your Seat 10:45 Scenic Drive 1:00 Poetry on Paper 2:15 Creating for the Community 4:00 Happy Hour with Dave</p>	<p>9:30 Daily Chronicle 25 10:00 Morning Tunes 10:30 Angel the Hapist 11:15 Outing 1:00 Blessings Boards 2:30 Pling-Pong 4:00 Happy Hour with Jim Outing: Jack's San Mateo</p>	<p>9:30 Weekend Plans 26 10:00 Feel Good Stretch 10:30 Scenic Drive 1:00 Still Significant 2:30 Music Makers 3:15 Sculpture Saturday 4:00 Happy Hour with John</p>
<p>9:30 Morning Movement 27 10:00 Rise and Shine Review 10:20 Dance Fitness 10:30 Music with Nicole 1:00 Gratitude Sunday 2:30 Lucky Strike 3:15 Karaoke Kings and Queens 4:00 Happy Hour with Ellen</p>	<p>9:30 Spa Sensations 28 10:15 Morning Meeting 10:45 Singing with Sharyn 11:00 Comfort Yoga 1:00 Horticulture Therapy with John 1:45 Animal Therapy with Benji and Jennifer 2:30 Bake with Me 4:00 Happy Hour with Elaine</p>	<p>9:30 Tuesday News Day 29 10:00 Music Therapy 11:00 Yoga 1:00 Community Creations 2:30 Let's Get Quizzical 3:00 Bowl-a-thon 4:00 Happy Hour with Precious</p>	<p>9:30 World News Wednesday 30 10:00 Sit and Stretch 10:30 Songs with Sadie 11:00 Brain Games 1:00 Winter Wonder Works 2:30 Wednesday Wordplay 3:00 Badminton 4:00 Happy Hour with Jim</p>	<p>9:30 Organized Thoughts 31 10:00 Jam Band 10:30 Salsa in Your Seat 10:45 Scenic Drive 1:00 Poetry on Paper 2:15 Creating for the Community 4:00 Happy Hour with Dave Inspire Your Heart with Art Day</p>	 <p><i>All activities are subject to change. Please see Activities Team for more information.</i> RCFE# 415600964</p>	