



# May



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>May Birthdays:</b></p> <p>Nancy "Nan" C. 05/01                      Robert "Bob" C. 05/08                      Judy R. 05/17</p>			<p>9:30 Wednesday Update 1                      10:00 Weight Training                      10:30 Outing                      11:00 Rollin &amp; Strollin'                      1:00 Card Tournament                      2:00 Pling Plong                      3:00 Community Outreach Hour                      4:00 Happy Hour with Jim  <b>Outing: Allied Arts Guild and Lunch</b></p>	<p>9:30 Morning Meeting 2                      10:00 Strength in Movement                      10:30 Community Walkabout                      11:00 Thursday Wordplay                      1:00 Pop Culture Update                      2:00 Scenic Drive                      3:00 Kensington Karaoke                      4:00 Happy Hour with Dave  <b>Theme Thursday: Think Pink</b></p>	<p>9:30 Friday News Flash 3                      10:00 Heart Healthy Habits                      10:30 Friday Frolic                      11:00 Current Events                      1:00 Meditate and Captivate                      2:00 Music with Sadie                      3:00 Balloon Badminton                      4:00 Happy Hour with Bill</p>	<p>9:30 Closing Weekly News 4                      10:00 Strength Building Exercise                      10:30 Scenic Drive                      11:00 Literary Language                      1:00 Bingo                      2:30 Songs with Sadie                      4:00 Happy Hour with Kimberlye</p>
<p>9:30 Good News Report 5                      10:00 Sun-er-cise                      10:30 Sunday Stroll                      11:00 Word Creations                      1:00 Sunday Service with Barb                      2:00 Arm Chair Travel Club                      3:00 Lazy Sunday Literature                      4:00 Happy Hour with Rey  <b>Cinco De Mayo</b></p>	<p>9:30 Good Morning Monday 6                      10:00 Limber-Up Routine                      10:30 Toddler Time                      11:00 California Game Girls                      1:00 Animal Therapy with Benji &amp; Jennifer                      2:00 Horticulture Therapy with John                      3:00 Domineering Engineering                      4:00 Happy Hour with Mandolin Al</p>	<p>9:30 Pamper and Polish 7                      10:00 Energizing Yoga                      10:30 Tuesday Trek                      11:00 Music Therapy with Izzy                      1:00 Scenic Drive                      2:00 Still Significant                      3:00 Jingo Trivia                      4:00 Happy Hour with Precious</p>	<p>9:30 Wednesday Update 8                      10:00 Weight Training                      10:30 Outing                      11:00 Rollin &amp; Strollin'                      1:00 Card Tournament                      2:00 Pling Plong                      3:00 Community Outreach Hour                      4:00 Happy Hour with Jim  <b>Outing: Sulphur Creek Nature Center and Lunch</b></p>	<p>9:30 Morning Meeting 9                      10:00 Strength in Movement                      10:30 Community Walkabout                      11:00 Thursday Wordplay                      1:00 Pop Culture Update                      2:00 Scenic Drive                      3:00 Kensington Karaoke                      4:00 Happy Hour with Dave  <b>Theme Thursday: Animal Inspiration</b></p>	<p>9:30 Friday News Flash 10                      10:00 Heart Healthy Habits                      10:30 Friday Frolic                      11:00 Current Events                      1:00 Meditate and Captivate                      2:00 Music with Sadie                      3:00 Balloon Badminton                      4:00 Happy Hour with Bill</p>	<p>9:30 Closing Weekly News 11                      10:00 Strength Building Exercise                      10:30 Scenic Drive                      11:00 Literary Language                      1:00 Bingo                      2:30 Songs with Sadie                      4:00 Happy Hour with Dave</p>
<p>9:30 Good News Report 12                      10:00 Sun-er-cise                      10:30 Sunday Stroll                      11:00 Word Creations                      1:00 Sunday Service with Barb                      2:00 Mother's Day Tea                      4:00 Happy Hour with Rey  <b>Mother's Day</b></p>	<p>9:30 Good Morning Monday 13                      10:00 Limber-Up Routine                      10:30 Toddler Time                      11:00 California Game Girls                      1:00 Animal Therapy with Benji &amp; Jennifer                      2:00 Horticulture Therapy with John                      3:00 Domineering Engineering                      4:00 Happy Hour with Mandolin Al</p>	<p>9:30 Pamper and Polish 14                      10:00 Energizing Yoga                      10:30 Tuesday Trek                      11:00 Music Therapy with Izzy                      1:00 Scenic Drive                      2:00 Still Significant                      3:00 Jingo Trivia                      4:00 Happy Hour with Precious</p>	<p>9:30 Wednesday Update 15                      10:00 Weight Training                      10:30 Outing                      11:00 Rollin &amp; Strollin'                      1:00 Card Tournament                      2:00 Pling Plong                      3:00 Community Outreach Hour                      4:00 Happy Hour with Jim  <b>Outing: Sakura and the Movies</b></p>	<p>9:30 Morning Meeting 16                      10:00 Strength in Movement                      10:30 Community Walkabout                      11:00 Thursday Wordplay                      1:00 Pop Culture Update                      2:00 Scenic Drive                      3:00 Kensington Karaoke                      4:00 Happy Hour with Dave  <b>Theme Thursday: Primary Color Party</b></p>	<p>9:30 Friday News Flash 17                      10:00 Heart Healthy Habits                      10:30 Friday Frolic                      11:00 Current Events                      1:00 Meditate and Captivate                      2:00 Music with Sadie                      3:00 Balloon Badminton                      4:00 Happy Hour with Bill</p>	<p>9:30 Closing Weekly News 18                      10:00 Strength Building Exercise                      10:30 Scenic Drive                      11:00 Literary Language                      1:00 Bingo                      2:30 Songs with Sadie                      4:00 Happy Hour with Dave  <b>Armed Forces Day</b></p>
<p>9:30 Good News Report 19                      10:00 Sun-er-cise                      10:30 Sunday Stroll                      11:00 Word Creations                      1:00 Sunday Service with Barb                      2:00 Arm Chair Travel Club                      3:00 Lazy Sunday Literature                      4:00 Happy Hour with Rey</p>	<p>9:30 Good Morning Monday 20                      10:00 Limber-Up Routine                      10:30 Toddler Time                      11:00 California Game Girls                      1:00 Animal Therapy with Benji &amp; Jennifer                      2:00 Horticulture Therapy with John                      3:00 Domineering Engineering                      4:00 Happy Hour with Mandolin Al</p>	<p>9:30 Pamper and Polish 21                      10:00 Energizing Yoga                      10:30 Tuesday Trek                      11:00 Music Therapy with Izzy                      1:00 Scenic Drive                      2:00 Still Significant                      3:00 Jingo Trivia                      4:00 Happy Hour with Precious</p>	<p>9:30 Wednesday Update 22                      10:00 Weight Training                      10:30 Outing                      11:00 Rollin &amp; Strollin'                      1:00 Card Tournament                      2:00 Pling Plong                      3:00 Community Outreach Hour                      4:00 Happy Hour with Jim  <b>Outing: Golden Gate Park Picnic</b></p>	<p>9:30 Morning Meeting 23                      10:00 Strength in Movement                      10:30 Community Walkabout                      11:00 Thursday Wordplay                      1:00 Pop Culture Update                      2:00 Scenic Drive                      3:00 Kensington Karaoke                      4:00 Happy Hour with Dave  <b>Theme Thursday: Flower Power</b></p>	<p>9:30 Friday News Flash 24                      10:00 Heart Healthy Habits                      10:30 Friday Frolic                      11:00 Current Events                      1:00 Meditate and Captivate                      2:00 Music with Sadie                      3:00 Balloon Badminton                      4:00 Happy Hour with Bill  <b>Red Nose Day</b></p>	<p>9:30 Closing Weekly News 25                      10:00 Strength Building Exercise                      10:30 Scenic Drive                      11:00 Literary Language                      1:00 Bingo                      2:30 Songs with Sadie                      4:00 Happy Hour with Dave</p>
<p>9:30 Good News Report 26                      10:00 Sun-er-cise                      10:30 Sunday Stroll                      11:00 Word Creations                      1:00 Sunday Service with Barb                      2:00 Arm Chair Travel Club                      3:00 Lazy Sunday Literature                      4:00 Happy Hour with Rey</p>	<p>9:30 Good Morning Monday 27                      10:00 Limber-Up Routine                      10:30 Toddler Time                      11:00 California Game Girls                      1:00 Animal Therapy with Benji &amp; Jennifer                      2:00 Horticulture Therapy with John                      3:00 Domineering Engineering                      4:00 Happy Hour with Mandolin Al</p>	<p>9:30 Pamper and Polish 28                      10:00 Laughter Yoga with Annie                      10:30 Tuesday Trek                      11:00 Music Therapy with Izzy                      1:00 Scenic Drive                      2:00 Still Significant                      3:00 Jingo Trivia                      4:00 Happy Hour with Precious</p>	<p>9:30 Wednesday Update 29                      10:00 Weight Training                      10:30 Outing                      11:00 Rollin &amp; Strollin'                      1:00 Card Tournament                      2:00 Pling Plong                      3:00 Community Outreach Hour                      4:00 Happy Hour with Jim  <b>Outing: Filoli and Lunch</b></p>	<p>9:30 Morning Meeting 30                      10:00 Strength in Movement                      10:30 Community Walkabout                      11:00 Thursday Wordplay                      1:00 Pop Culture Update                      2:00 Scenic Drive                      3:00 Kensington Karaoke                      4:00 Happy Hour with Dave  <b>Theme Thursday: Silly Stripes</b></p>	<p>9:30 Friday News Flash 31                      10:00 Heart Healthy Habits                      10:30 Friday Frolic                      11:00 Current Events                      1:00 Meditate and Captivate                      2:00 Music with Sadie                      3:00 Balloon Badminton                      4:00 Happy Hour with Bill</p>	<p><b>All activities are subject to change. Please see Activities Team for more information.</b>  <b>RCFE#415600964</b></p>